



**Personal
Performance
Awards**

Take your skills to the next level



White Water



Sea Kayak



**Wild Water
Racing**



Touring



Surf Kayak



Polo



Freestyle



Racing



Slalom



Rafting



**Stand Up
Paddleboard**



Canoeing

Choose the award that interests you.

12 Disciplines - three awards

The Personal Performance Awards are open to all ages and allow you to progress your skills and knowledge in the discipline of your choice.

Find out more: www.britishcanoeing.org.uk